Breast and GYN Health Project
A Cancer Resource Center

"Shadow Boxes"

my journey with
metastatic breast cancer
by Marylee Bytheriver (2015)

Donated to the Breast and GYN
Health Project by Marylee's Family

August 2026

Settling In After a Busy Month

July was an incredible month for the Breast and GYN Health Project - so much has happened over the past several weeks! Thanks to a brigade of volunteers, service professionals, and BGHP's dedicated staff, we have

accomplished many goals: completing the move from Arcata, setting up the rooms in our new home, hanging artwork, making a start on the "front yard," and giving tours.

All this happened while simultaneously serving our clients with care and compassion. So many exciting things are in our future, including the return of our In-Person Breast Cancer Support Group. All of this has been made possible through you, our volunteers and supporters - thank you for everything!

You're invited to send off three amazing local women as they begin a 6-day bicycle ride from Arcata to San Francisco in support of the Integrative Wellness Fund, administered by the Breast and GYN Health Project.

INTEGRATIVE WELLNESS FUND

Founded in 2012 by Nicole Nada - who rode her bicycle from Arcata to Marin for her first chemotherapy treatment after being diagnosed with breast cancer - the IWF provides funds to ensure local breast and gynecologic cancer patients have access to integrative therapies that support healing and well-being

Since Nicole's passing in 2022, Jessie Hunt has continued to steward her inspiring legacy.

Cheer on riders Jessie Hunt, Lisa Crum, and Erica Caddell - your support will help honor Nicole's vision and raise funds that make a meaningful difference for local people navigating cancer.

· Date: Saturday, August 1
·Time: 8:00 a.m.
·Location: Arcata Marsh, Klopp Lake at the foot of I Street in Arcata
· Everyone welcome!

Thank you to everyone who rounded up at the register during **Breast Cancer Community Assistance Month!**

Because of your generosity, BGHP received an **$8,000 grant** from the Safeway Foundation to support breast cancer treatment and prevention.

SAFEWAY Foundation

Volunteer Appreciation

Peruse the bulletin board to see some of the many ways our volunteers serve BGHP's clients and mission.

August is a slower time for most volunteer activities. You've all worked hard at many tasks for the past few months - now it's time to enjoy the sunny weather with a bit of R&R!

Keep an eye on this space for future volunteer requests

email *volunteer@hcbhp.org* or **call** 707-825-8345

BGHP extends our thanks to:

- **See's Community Fund** for your generous grant to support our client services.
- **Dr. Ellen Mahoney** for providing education and support to volunteers, clients, and staff, as well as furniture and art donations for our new home.
- **PBS-KEET** for graciously allowing us to use your PA system for our Vacation Raffle Drawing.
- **Natalie Craig** for using your design expertise to update our business cards and outreach materials.

- **Handle It Junk Hauling** for your kind help with a variety of moving tasks.
- **Suzi Hendry** for thoughtfully coordinating much-needed landscaping work and flowering plants.
- **Victor Garcia and the VG Landscape crew** for your amazing, whirlwind cleanup of the Hubbard Lane grounds.
- **Shafer's Ace Hardware** for donating beautiful plants to make our new home more welcoming.
- **Sean Connelly** for sourcing paint and painting the curb at Hubbard Lane, and your help hanging our shadowbox installation.
- **Jes Karper** for skillfully installing our brochure rack and hanging artwork.
- **Ingrid Bailey** for moving the garden shed from the 8th Street yard.
- **Sara Ramirez** for your invaluable Spanish translation for our clients.
- **Diane Lonn** for your impeccable data entry skills.
- **Bobbi Bartscht, Daral Clement, Becky Giacomini, Claire Knox, Ingrid Bailey, and Sabrina Delashmutt** for your thoroughness while doing "clean up" tasks at 8th Street.

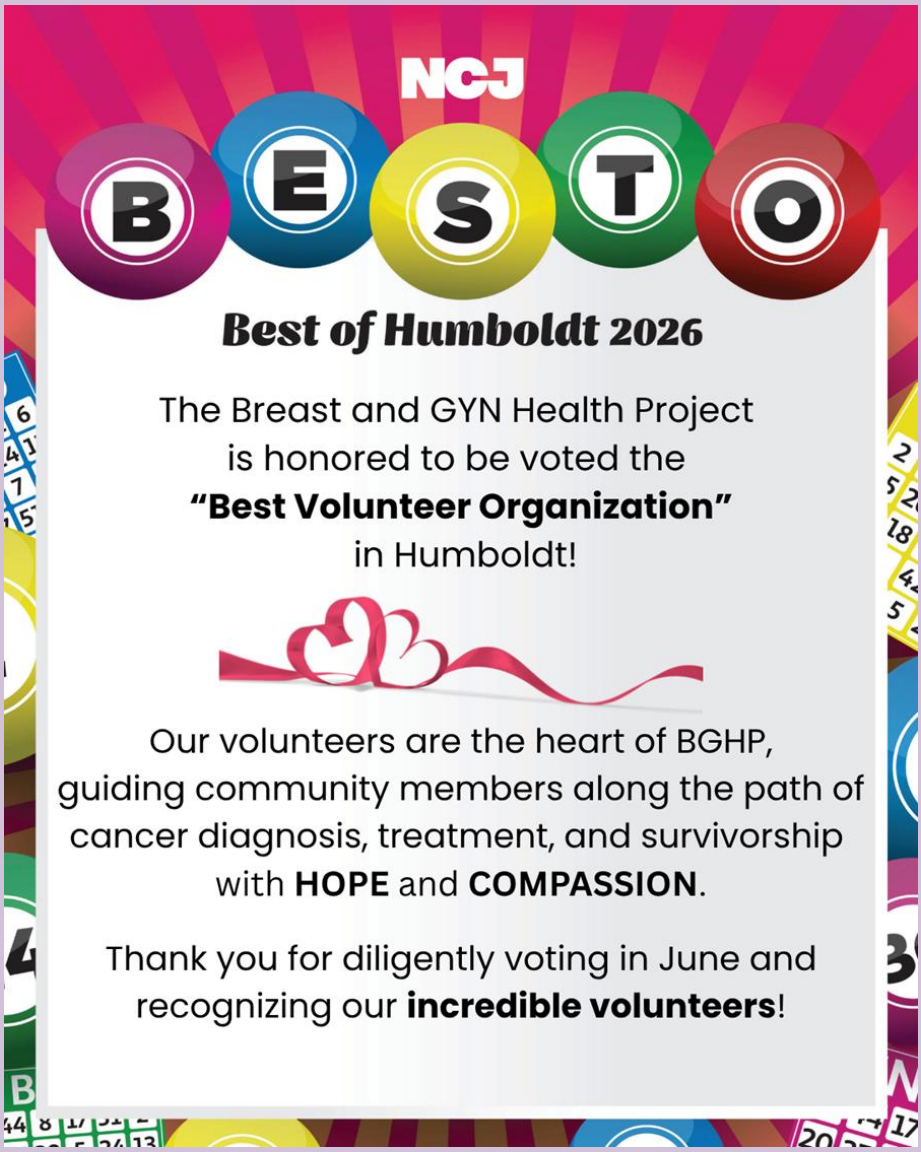
BGHP recognizes the continued support of:

Board of Directors: Priscilla Lynn (President), Elizabeth Wardell (Secretary), Keri Furtado (Treasurer), Celena Donahue, Carla Diaz, Betty Cortes Garcia, Becky Giacomini, Michelle Hasting, Lancey Johnston, Spencer Peña, Brady Shamp, Deanna Franklin, and Harriet Watson

Warmliners: Beryl Feldman, Debby Harrison, Lori Hendrick, Marion Lauter, Margie Nulsen, Felicia Oldfather, Ilene Poindexter, Janis Polos, Melinda Wilson, and Amanda Windsor.

Support Group Facilitators: Sally Coyne, Amanda Devons, and Sue Lee Mossman

Services & Office Support: Eva Laevastu (Salesforce & Website)



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